



WORD ON WEDNESDAY

Bible Study Questions

October 22, 2025

Ice Breaker Question

What's the most ridiculous thing you've ever bought?

Read Philippians 4:6-8

1. What are some common anxieties, fears, and worries people struggle with today?

2. Why do you think Paul emphasizes prayer, petition, and thanksgiving together?

3. How does a healthy dose of thanksgiving impact our prayer lives?

4. What does the peace of God that surpasses all understanding mean? When and how has God given you peace in a difficult situation?

5. Why do you think Paul shifts from prayer to peace to perspective?

6. Respectively, which of the qualities in verse 8 are easy and challenging to focus on in your life? Why?

7. What is the connection between what you think about and your prayer life?

8. If you lived out verses 6-8 daily, how would your life be different? Why?
